

INDIAN HILLS CHURCH
6801 John F Kennedy Blvd, North Little Rock, AR 72116
501-835-2838

Check us out on the web at www.indianhillschurch.org

PASTORAL STAFF: Dick King Steven Carr

November 14

Resource Worker: Amy King
Bed Babies: Luke & Jordan King
Toddlers, 2's, 3's & 4's: Sammy & Amber Whitlock

November 21

Resource Worker: Sandy Mitchell
Bed Babies: Lynnette Gourley, Baylie Miller
Toddlers, 2's, 3's & 4's: Beka Smith, Ashley Berry

ONE MAN'S JOURNAL

For years I believe we have substituted the idea of the gospel for its reality. We would rather talk about the cross, death and pain than experience it as reality. The idea has never set us free. Only the reality will. Rather than learn from my pain which causes me to mourn, I embrace what it is and while I am mourning I experience the reality that at the same time I am being comforted. So the words of Jesus become alive when he said, "Blessed are those who mourn for they shall be comforted." This is so counterintuitive of everything our ego wants us to do but it becomes the mysterious foolishness of the cross that the Apostle Paul says is our true freedom. It is exciting to see that this understanding is being shared through many different authors. Henri Nouwen, in his book *The Inner Voice of Love* has obviously experienced this reality. In this book he has journaled his true feelings. One excerpt in particular to me says the message so well. It is entitled "Go into the Place of Your Pain." I pray it blesses you.

Go into the Place of Your Pain

"You have to live through your pain gradually and thus deprive it of its power over you. Yes, you must go into the place of your pain, but only when you have gained some new ground. When you enter your pain simply to experience it in its rawness, it can pull you away from where you want to go.

"What is your pain? It is the experience of not receiving what you most need. It is a place of emptiness where you feel sharply the absence of the love you most desire. To go back to that place is hard, because you are confronted there with your wounds as well as with your powerlessness to heal yourself. You are so afraid of that place that you think of it as a place of death. Your instinct for survival makes you run away and go looking for

something else that can give you a sense of at-homeness, even though you know full well that it can't be found out in the world.

"You have to begin to trust that your experience of emptiness is not the final experience, that beyond it is a place where you are being held in love. As long as you do not trust that place beyond your emptiness, you cannot safely reenter the place of pain.

"So you have to go into the place of your pain with the knowledge in your heart that you have already found the new place. You have already tasted some of its fruits. The more roots you have in the new place, the more capable you are of mourning the loss of the old place and letting go of the pain that lies there. You cannot mourn something that has not died. Still, the old pains, attachments, and desires that once meant so much to you need to be buried..

"You have to weep over your lost pains so that they can gradually leave you and you can become free to live fully in the new place without melancholy or homesickness."

Dick King

*Mr. and Mrs. Carroll Calvert Carr
request the honour of your presence
at the marriage of their daughter
Dena Lynne*

to

*Dr. Dwight DeBusk Duckworth
Saturday, the twentieth of November
In the year of our Lord
Two thousand and ten
At two o'clock in the afternoon
Pulaski Heights United Methodist
Church
4823 Woodlawn Drive
Little Rock, Arkansas*

Reception immediately following.

Austin and Riley Grove

request the honor of your presence
at the marriage of their mother

*Kristi Michelle (Nutt) Grove
To*

Lawrence Albert (Dude) Bishop

Saturday, November 13, 2010
2:00 p.m.

Glenwood First Church of the
Nazarene

776 Highway 70 East
Glenwood, AR 71943

Reception to follow

BABY SHOWER

**You are invited to a Baby Shower
for Catrina Chester
daughter of Cynthia Chester
Saturday, November 20
1:00-3:00 p.m.
Fellowship Room
Indian Hills Church**

**Catrina is expecting a girl and is
registered at Babies R Us and Target.**

It is once again the season for us to join in
blessing children around the world through
Operation Christmas Child.

It is easy to participate. Choose what age and
sex child you would like to buy for, get an
empty shoe box, wrap it (lid separate), and
place items for that child. Examples are:
school supplies, toys, hygiene items, hard
candy, gum, t-shirts, socks, caps, hair items,
jewelry, flashlights.

**NO LIQUIDS, CHOCOLATE, MEDICINE,
BREAKABLE ITEMS, AEROSOLS, WAR
TOYS.**

Place a check for \$7.00 in the box, put a rub-
ber band around it, and return to the church
on **SUNDAY, NOVEMBER 21.**